Scarlet RCF Post-Treatment Instructions

Skin reactions after treatment

* Sunburn-like redness and swelling, waffle-like marks, and a tingling or burning sensation are normal immediately after treatment.
* These symptoms resolve within 4-6 hours in most cases but may last for 1-3 or 3-5 days in some cases.
* The severity and duration of the symptoms can vary from patient to patient depending on the treatment intensity or skin condition.
* Redness will last longer with more intensive treatment, and treatment with a deeper needle depth can elicit pinpoint bleeding or bruising.
* Patients with sebaceous skin, acne, or a tendency for break outs are likely to develop pimples, pustules, or folliculitis within 2-3 days, which out to naturally subside over time.

Contact Premier Wellness Center if you experience one of the following:

* Skin burns, blisters, severe pain or bleeding within 1 day of the procedure.
* Pimples, pustules, folliculitis (inflammation of hair follicles), burning sensation, or tenderness more than 2-3 days.
* Scabbing, crusting more than 3-7 days
* Hyperpigmentation (darkening pigment), textural change, scarring after 1-2 weeks.

Do’s:

* If received intensive treatment, on the day of the procedure, apply a facial mask or towel-wrapped icepack to the treated area to alleviate redness and swelling. \*Products including vitamin C may cause burning sensation along the treated skin.
* Apply make-up 4-6 hours after treatment or 1 day after intensive treatment
* Gently wash the skin 4-6 hours after treatment or 1 day after treatment.
* Use a mildly acidic or alkaline cleanser.
* Apply a skin booster, growth factor, regenerative and/or moisturizing cream frequently (2-3 times a day).
* Apply a broad-spectrum sunscreen (SPF > 30) frequently (2-3 times a day).

Don’ts:

* Be careful not to rub or scratch the treated skin.
* Avoid using alcohol-based or oil-containing cosmetics for 1 week.
* Avoid sun exposure and wear a hat or wear long sleeves.
* Do not use peeling or scrub products for 4 weeks.
* Do not undergo any phototherapy for 4 weeks.
* Avoid vigorous activity, exercise, swimming, hot baths, and saunas for 1-2 weeks.
* Avoid drinking alcohol or smoking for 1-2 weeks.